## **Outpatient Clients who Received DASA and MHD Services**

**Operational Definition:** Percentage of mental health outpatient service recipients who received Department of Alcohol and Substance Abuse (DASA) services in the Fiscal Year by RSN and Statewide.

**Operational Measures:** The number of mental health outpatient service recipients who also received DASA services at some point in time in the Fiscal Year divided by the total number of mental health outpatient service recipients in the same Fiscal Year.

## Formulas:

Number of mental health outpatient service recipients who also received DASA services at any time during the Fiscal Year

Number of outpatient mental health service recipients in the Fiscal Year

**Discussion:** These numbers are likely an underestimate of the true number of service recipients with co-occurring and substance abuse disorders. However, they do reflect the number of clients who receive services from both MHD and DASA in Washington State. Statewide, 10.6% of the clients served by the MHD are also served by DASA in FY03 and 11.0% in FY04. This represents an increase in the number of clients served by both MHD and DASA.

## **Data Notes:**

- The Research and Data Analysis (RDA) Branch of DSHS compiled this data. The specific data source is the Client Services Database (CSDB). Fiscal Year 2005 data was not available at the time of this report.
- Mental health outpatient service recipients include all clients who received any amount and type of outpatient mental health services. RDA also generated this count.
- DASA services include: Detoxification, ADATSA Assessments, Residential Treatment, Outpatient Treatment, and Opiate Substitution Treatment
- RDA uses a slightly different method of assigning clients to RSNs than the Mental Health Division, which may result in slightly different numbers of outpatient recipients.

|                  | <u>FY03</u>                   |                                |  | <u>FY04</u>                   |                                |  |
|------------------|-------------------------------|--------------------------------|--|-------------------------------|--------------------------------|--|
| RSN              | # of MHD<br>Clients<br>Served | # of DASA<br>Clients<br>Served | % of Clients<br>Served by<br>MHD and<br>DASA | # of MHD<br>Clients<br>Served | # of DASA<br>Clients<br>Served | % of Clients<br>Served by<br>MHD and<br>DASA |
| Chelan - Douglas | 2,584                         | 336                            | 13.0%  | 2,328                         | 318                            | 13.7%  |
| Clark            | 6,755                         | 711                            | 10.5%  | 6,447                         | 725                            | 11.2%  |
| Grays Harbor     | 2,234                         | 255                            | 11.4%  | 2,150                         | 244                            | 11.3%  |
| Greater Columbia | 16,049                        | 1,868                          | 11.6%  | 17,945                        | 2,221                          | 12.4%  |
| King             | 31,486                        | 3,129                          | 9.9%   | 33,191                        | 3,666                          | 11.0%  |
| North Central    | 2,560                         | 252                            | 9.8%   | 2,714                         | 280                            | 10.3%  |
| North Sound      | 18,156                        | 1,871                          | 10.3%  | 16,951                        | 1,891                          | 11.2%  |
| Northeast        | 1,875                         | 203                            | 10.8%  | 1,486                         | 179                            | 12.0%  |
| Peninsula        | 6,694                         | 680                            | 10.2%  | 7,016                         | 719                            | 10.2%  |
| Pierce           | 14,260                        | 1,347                          | 9.4%   | 14,776                        | 1,381                          | 9.3%   |
| Southwest        | 4,465                         | 593                            | 13.3%  | 4,148                         | 573                            | 13.8%  |
| Spokane          | 10,149                        | 1,116                          | 11.0%  | 9,853                         | 995                            | 10.1%  |
| Thurston - Mason | 4,741                         | 609                            | 12.8%  | 5,084                         | 673                            | 13.2%  |
| Timberlands      | 4,008                         | 354                            | 8.8%   | 3,699                         | 337                            | 9.1%   |
| Statewide        | 126,091                       | 13,325                         | 10.6%  | 130,703                       | 14,409                         | 11.0%  |

